



Top News



2025 - 2026 Medicine Chiefs Announced

We are very pleased to announce our Chief Residents for the 2025-2026 academic year.

Internal Medicine Chief Residents Academic Year 2025-2026:

Julie Adams
Kevin George
Thomas O'Neill
Sivani Parsa
Dev Patel

We look forward to another great year of leadership, education and patient care in 2025-2026!



2024 Master Clinician Educator Nominations

Please help us recognize outstanding faculty by nominating them for the Master Clinician-Educator award.

For more information about the award along with a list of previous awardees, [please go here](#).

Successful candidates should:

- Have been engaged in clinical practice for at least 7 years since completion of training
- Be on the full-time paid faculty
- Have the Department of Medicine as a home department (at any clinical site within the Department)
- Be an active practicing clinician providing patient care
- Be engaged in teaching students, residents or fellows as part of their clinical practice

In order to complete the nomination, you will need: the nominee's name, division, a brief description of their outstanding clinical care activities, and your name and email. Click below when you are ready to get started.

Nomination Deadline: Wednesday, May 1, 2024 @ 11:59PM.

[Click here to submit your nomination >](#)



DOM Research Day

The Department of Medicine's Fourteenth Annual Research Day will be held on **Friday, May 10th, 2024, noon to approximately 3:30 p.m.** at the Tinkham Veale Grand Ballroom.

We are pleased to announce that our annual research day event will be held on **Friday, May 10th, 2024, noon to approximately 3:30 p.m.** at the Tinkham Veale Grand Ballroom.

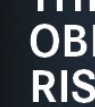
[REGISTER HERE](#) for the event (required for all)

This year's event will feature plenary talks from researchers across all divisions, as well as poster sessions and networking opportunities. We hope that you will join us for what promises to be an exciting and informative afternoon at the Tinkham Veale University Center Grand Ballroom.

Poster Presenters - For instructions and resources for producing your Research Day poster, please click on the link below.

[ABSTRACT SUBMISSION & INSTRUCTIONS](#)

We look forward to seeing you there!



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Required 2024 FAR/FIS Reporting for 2023 Information

The faculty annual review for 2023 is now open and faculty are asked to complete their review **ASAP**. Please review and enter your publications, book chapters, and grants.

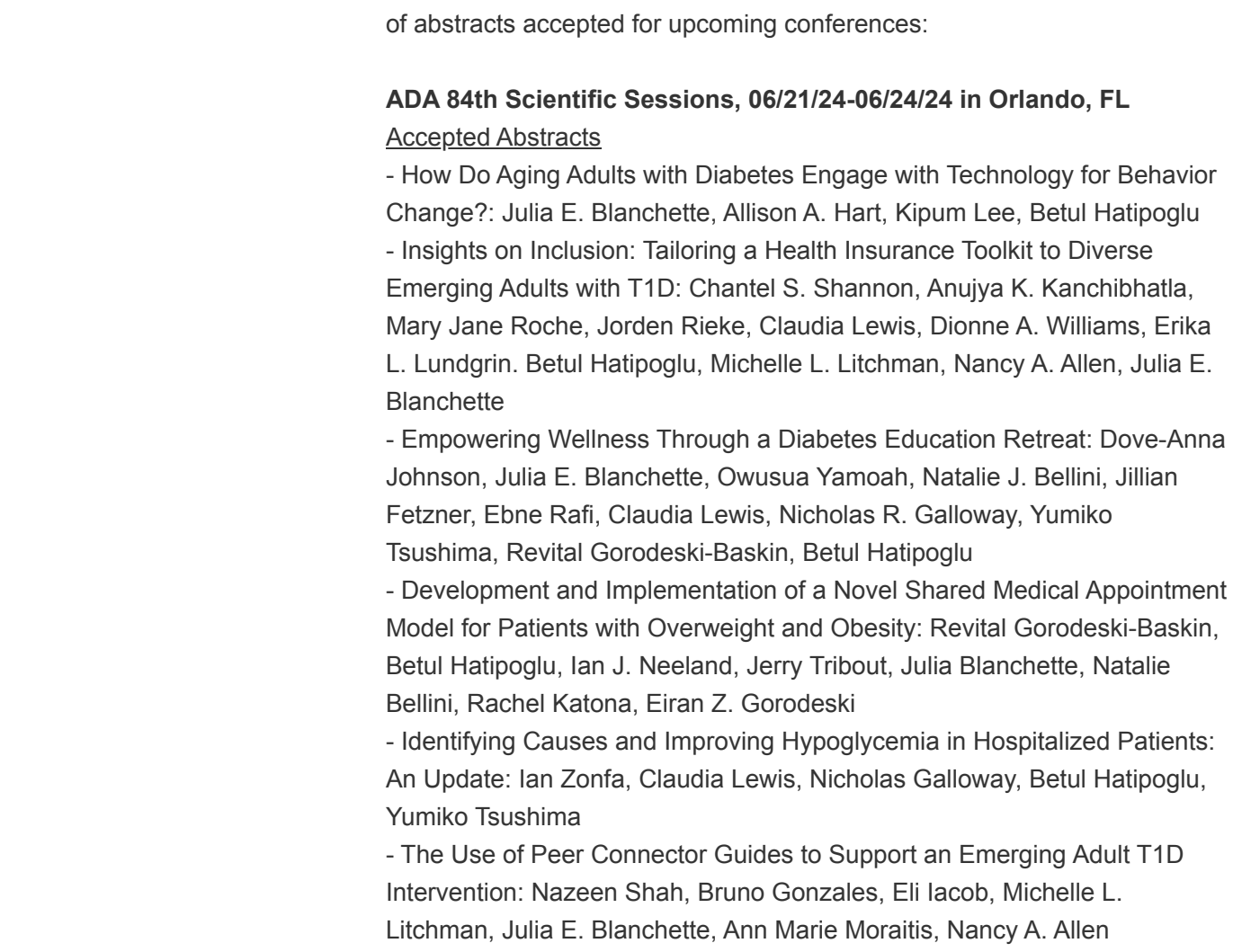
All faculty are required to log in now to complete their 2023 activity reporting.

[Useful Links:](#)

- FIS (<https://fis.case.edu/>)
- FAR Training Video
- Faculty User Support Documents
- Detailed FAR Guide for Faculty
- FAR Guide for SOM - Step 1
- FAR Guide for SOM - Step 2

Contact Cheryl Allis if you have any questions or access issues: (cheryl.allis@uhhospitals.org)

Clinical Updates and Research News



We are excited to announce our 3rd Annual University Hospitals CINEMA Symposium. We have partnered with American Journal of Managed Care to present, "The Latest and Greatest on Obesity Treatment to Reduce Risk for Type 2 Diabetes and Cardiovascular Disease." We have a group of distinguished speakers including:

- Jeff Levin-Scherz, MD, MBA, FACP from Harvard Medical School
- Robert Lustig, MD from University of California, San Francisco
- Melanie Phelps, DrPH, JD from the American Heart Association
- Jamy Ard, MD from Wake Forest University School of Medicine

The event will also include networking, cocktail hour and a panel discussion. Please click the image above for more information about the program and to register!



Diabetes & Metabolic Care Center Updates

Members of the UH Diabetes & Metabolic Care Center have had a number of abstracts accepted for upcoming conferences:

ADA 84th Scientific Sessions, 06/01/24-06/24/24 in Orlando, FL

Accepted Abstracts

- How Do Aging Adults with Diabetes Engage with Technology for Behavior Change?: Julia E. Blanchette, Allison A. Hart, Kipum Lee, Betul Hatipoglu
- Insights on Inclusion: Tailoring a Health Insurance Toolkit to Diverse Emerging Adults with T1D: Chantel S. Shannon, Anujya K. Kanchibhatta, Mary Jane Roche, Jordan Rieke, Claudia Lewis, Dionne A. Williams, Erika L. Lundgrin, Betul Hatipoglu, Michelle L. Litchman, Nancy A. Allen, Julia E. Blanchette
- Empowering Wellness Through a Diabetes Education Retreat: Dove-Anna Johnson, Julia E. Blanchette, Owusua Yamoah, Natalie J. Bellini, Jillian Fetzner, Ebne Rafi, Claudia Lewis, Nicholas R. Galloway, Yumiko Tsushima, Revital Gorodeski-Baskin, Betul Hatipoglu
- Development and Implementation of a Novel Shared Medical Appointment Model for Patients with Overweight and Obesity: Revital Gorodeski-Baskin, Betul Hatipoglu, Ian J. Neeland, Jerry Tribout, Julia Blanchette, Natalie Bellini, Rachel Katona, Eiran Z. Gorodeski
- Identifying Causes and Improving Hypoglycemia in Hospitalized Patients: An Update: Ian Zonfa, Claudia Lewis, Nicholas Galloway, Betul Hatipoglu, Yumiko Tsushima
- The Use of Peer Connector Guides to Support an Emerging Adult T1D Intervention: Nazeen Shah, Bruno Gonzales, Eli Jacob, Michelle L. Litchman, Julia E. Blanchette, Ann Marie Moraitis, Nancy A. Allen
- Peer Connector Matching Methods in an Emerging Adult T1D Intervention: Bruno Gonzales, Nancy A. Allen, Eli Jacob, Julia E. Blanchette, Ann Marie Moraitis, Nazeen Shah, Michelle L. Litchman

Symposium

- The State of Health Equity and Disability—Supporting Diabetes Technology Usage in People Who Are Deaf/Hard of Hearing or Blind/Low Vision. Chair: Julia E. Blanchette
- Diabetes Technology. Chair: Ebne Rafi

Endocrine Society (ENDO 2024): 06/01/24-06/04/24 in Boston, MA

Accepted Abstracts

- Endocrinology-Surgical Oncology Interdisciplinary Transitions of Care Improves Outcomes in Patients Undergoing Total Pancreatectomy: Claudia Lewis, Ebne Rafi, Jillian Fetzner, Lily Tranchito, Julia E. Blanchette, Natalie Bellini, Lauren McCaulley, Jordan Winter, Betul Hatipoglu

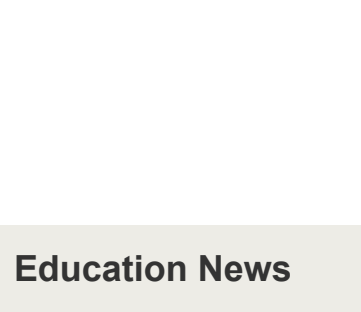
Awards - Appointments - Publications

Dr. Mahboob Rahman Named Editor in Chief of *Kidney Medicine*

We are pleased to share the good news that **Dr. Rahman** has been appointed as the new Editor in Chief of *Kidney Medicine*. This high profile position maintains the national visibility of our division, and reflects the high quality clinical care, education and research in our program.

Kidney Medicine, an official journal of the National Kidney Foundation, is an open access journal focused on clinical medicine in nephrology and hypertension. The mission of *Kidney Medicine* is to disseminate knowledge relevant to the care of people with or at risk of kidney diseases. Articles appearing in *Kidney Medicine* include original research, case reports and reviews. *Kidney Medicine* adheres to the high standards associated with all of the National Kidney Foundation journals. Original research articles span a wide range of topics, including qualitative and quantitative research; health care policy, delivery, and disparities research; and epidemiology and outcomes research. Recognizing a critical deficit in this area, *Kidney Medicine* also eagerly seeks research focused on assessing and improving nephrology education and patient reported outcomes.

[Visit the journal's website >](#)



Drs. Gornik and Magrey Recognized for their Work in Women's Health

In the March **INSIGHTS FROM CEO CLIFF A. MEGERIAN**, MD, FACS letter, Dr. Megarian discusses the need to strengthen women's health research and improve clinical outcomes for women. In it, he highlights the work of **Dr. Heather Gornik** and **Dr. Marina Magrey**

From the Insights letter:

Take **Heather Gornik, MD**, our Director of the Fibromuscular Dysplasia (FMD) & Arterial Intervention Program at UH Harrington Heart & Vascular Institute and John B. Lally Family Master Clinician in Fibromuscular Dysplasia and Vascular Care. She is an international expert on the condition known as FMD, an uncommon vascular disease found primarily in middle-age women. Through her leadership on the steering committee for the U.S. Registry for FMD and co-chair of the International Consensus on FMD, [she and her colleagues have broken important new ground](#) in understanding a condition that's mysterious to even many doctors. The upshot? FMD is more common than previously thought, meaning more women need monitoring and treatment.

"FMD has historically been considered a rare disease," she tells me. "But recently, we've realized that this is not the zebra we once thought it was. We now need to all work together to be sure patients who have symptoms of FMD are properly diagnosed before they develop serious complications."

Marina Magrey, MD, our Division Chief of Rheumatology at UH Cleveland Medical Center, is doing similar work with a rare inflammatory disease called axial spondyloarthritis. Because its main symptom is back pain – the most common reason a person sees a doctor – it is dramatically under-diagnosed. It also takes a different disease course in men and women, Dr. Magrey says, with men more likely to have fused vertebrae than are women. This difference has led to the mistaken belief that the condition is more common in men than in women, with resulting misdiagnoses and treatment delays for women.

"People didn't recognize that it was a disease of women, too," she says. "They thought it was predominantly a disease of men. If your mind doesn't know, your eyes don't see it."

But things are changing. Dr. Magrey and colleagues, in fact, have done [important work to document the gender disparity in time to diagnosis](#), finding it twice as long in women as in men. This, she says, will help spur their field to more timely treatment for women.

Additionally, **Dr. Magrey** was recently published in *Clinical and Experimental Rheumatology* with the article: "IL-17-producing cells in ankylosing spondylitis patients show gender-based differences in gene expression".

[View the abstract here >](#)



Media Mention: Silpa Kilaru, MD

WKYC: Active runner Ron Ross, 47, receives a double lung transplant from **Silpa Kilaru, MD**, after being diagnosed with idiopathic pulmonary fibrosis. "Ron's story had a positive outcome because of early intervention," said **Silpa Kilaru, MD**.

[Watch the story here >](#)



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Faculty Senior-Level Promotion Deadlines

Non-Tenure Track Senior-Level Promotion effective January 1, 2025

Declaration form and Packet submission dates have passed.

Non-Tenure Track Senior-Level Promotions effective July 1, 2025

Declaration form due May 1, 2024 ([Form](#))

Packet due June 2, 2024 ([Guidelines](#))

Tenure Track Senior-Level Promotions effective July 1, 2025

Declaration form and Packet submission dates have passed.

"Tips for Faculty from the 2022-2023 CAPT" - highlights recommendations and tips for faculty applying for senior level appointments and promotions.

For declaration forms or any questions, please contact Cheryl Allis: (cheryl.allis@uhhospitals.org or cheryl.allis@case.edu)

Education News



2024 Internal Medicine Match

Happy to report on our 2024 IM residency match. We match a strong, diverse group and are very pleased with the results.

We had our largest number of applicants ever (5600), interviewed the most (counting all tracks, over 700). This is huge effort from our fantastic staff and needs a lot of effort and energy from the Chief Residents, the Associate Program Directors, the residents who attend the social events, and the faculty who interview. Our Categorical match list ended up with 532 applicants, and we matched at 230, which is typical for the last few years. We matched eleven of our top 100 ranks, which is a bit better than most years. We matched our largest intern class ever. We are thrilled with our new group and look forward to another generation of residents, and in many cases, future fellows and faculty.

On the national level- for Internal Medicine, 84 programs went unfilled. There were 10,261 Internal Medicine positions in the match. US MD seniors filled 35 % of the positions. The match rate for US MD residents applying to IM was 95 %. A total of 494 IM positions went unfilled. 3,595 US Seniors matched to IM- 3 more than last year and about 100 more than 2020.

There were a total of 19,755 US MD Seniors in the match. 1,290 went unmatched- which is consistent with prior years. Most of the unmatched were in the most competitive specialties (Derm, Ortho, ENT).

Keith Armitage, MD, MACP



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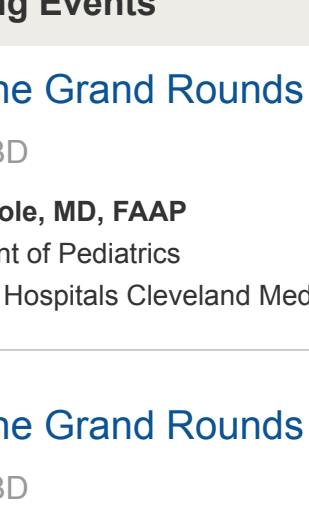
2024 CWRU Match

CWRU matched 47 students from the 2024 graduating class to Internal Medicine Residency positions including 3 students as categorical and 6 prelim students coming to UH for IM residency.

Thanks to all for your teaching and mentorship of these outstanding future colleagues.

Debra Leizman, MD, MACP

Welcome



Laura Schapiro, MD, MPH
Clinical Senior Instructor of Medicine
Case Western Reserve University
Division of General Internal Medicine



Takea Mizukami, MD, MBA
Assistant Professor of Medicine
Case Western Reserve University
Division of Solid Tumor Oncology

Upcoming Events

Medicine Grand Rounds - April 9

Topic: TBD

Aparna Bode, MD, FAAP

Department of Pediatrics
University Hospitals Cleveland Medical Center

Medicine Grand Rounds - April 11 (Thursday)

Topic: TBD

Alex Gifford, MD, FCCP

Director of the Adult Cystic Fibrosis Program, University Hospitals
Director of the Cystic Fibrosis Therapeutics Development Center,
University Hospitals Rainbow Babies & Children's Hospital
Associate Professor of Medicine, Case Western Reserve University.

Medicine Grand Rounds - April 16

How to Deal With People: Optimizing Your Interpersonal Effectiveness

Frances Mei Hardin, MD

Founder, Rethinking Residency

State of Research - April 16, 4-5 pm

UH State of Research Address

Dan Simon, MD

UH Chief Scientific Officer
Ernie and Patti Novak Distinguished Chair in Healthcare Leadership
UH Cleveland Medical Center

[Registration and Details](#)

State of the Department - April 18, 5-6 pm

Department of Medicine, State of the Department Address

Robert A. Salata, MD, FACP, FIDSA

STERIS Chair of Excellence in Medicine
John H. Hord Professor and Chairman
Department of Medicine
Case Western Reserve University

Physician-in-Chief
Master Clinician in Infectious Diseases
Cleveland Medical Center
(Invite only, sent via email)

Medicine Grand Rounds - April 23

Topic: Health Equity Series

Jay Bhatt, MD

Managing Director, Deloitte Center for Health Solutions and Deloitte Health Equity Institute

Medicine Grand Rounds - April 30

Falls Evaluation and Management – Geriatrics

Isanti Patel, MD

Current Fellow
Case Western Reserve University/University Hospitals Cleveland Medical Center, Geriatric Medicine
(Internal Medicine) Fellowship Program

2024 State of the Institute - May 9, 5-6 pm

Harrington Heart and Vascular Institute - State of the Institute Address

Mehdi Shishebor, DO, MPH, PhD

President of UH Harrington Heart & Vascular Institute
Angela and James Hambrick Chair in Innovation

[Registration and Details](#)

Recurring Events [\(zoom information sent out weekly\)](#)

Tuesdays @ Noon - **Medicine Grand Rounds Seminar Series** (September - May)

Wednesdays @ Noon - **VA Conference**

Fridays @ Noon - **UH M&M Conference**

Recent Medicine Grand Rounds

Betul Hatipoglu, MD & Yumiko Tsushima, MD

"Coming Soon: Glucagon-like Peptide-1 Receptor Agonist (GLP-1 RA) in the Management of Type 2 Diabetes"

Peter Pronovost, MD, PhD

"Strive to Be an Illuminator - Together We Will Thrive!"

Julie Jernberg, MD, MBA

"Climate, Environment, & Health"

Eric Garland, PhD, LCSW

"Mindfulness-Oriented Recovery Enhancement: Outcomes and Mechanisms of an Evidence-Based Therapy for Chronic Pain, Opioid Misuse, and Opioid Use Disorder"

Social: [Twitter](#) [YouTube](#) [LinkedIn](#) [Facebook](#)

[Click here to view online](#)

To contribute or provide feedback, email: Matthew.Zelesnik@UHhospitals.org

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