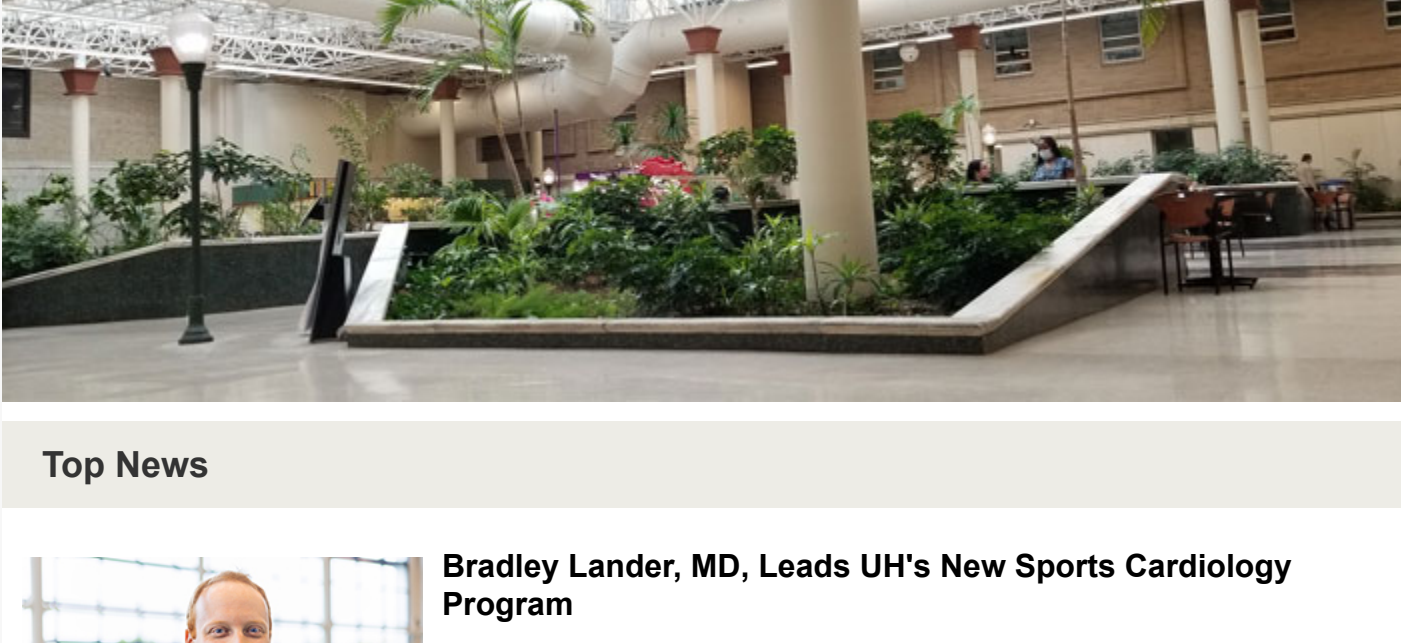




Top News



Bradley Lander, MD, Leads UH's New Sports Cardiology Program

Dr. Lander is the first cardiologist in the country to complete specialized formal training in both sports cardiology and hypertrophic cardiomyopathy

Sports cardiologist **Bradley Lander, MD**, thinks often about an old friend. A boy who he knew for far too short a period of time, but who had an immense impact on his life. When both the boys were 10, **Dr. Lander** witnessed his friend's sudden unexplained death.

"I think about that event every few months, but it wasn't until residency that my professional interests aligned with that experience. Looking back at it now, I have so many questions that would have given me more of a sense of closure for that tragic event," said **Dr. Lander**. "In a way, that personal connection was an opening into the world of sports cardiology and sudden death in young athletes for me."

Now Director of Sports Cardiology at UH Harrington Heart & Vascular Institute, **Dr. Lander** is UH's first sports cardiologist. He arrived at UH along with his wife, **Melissa Lumish, MD**, a GI oncologist who was recruited from Memorial Sloan Kettering last August. They were internal medicine residents together at Massachusetts General Hospital/Harvard Medical School. He then completed his cardiology training at New York Presbyterian Columbia University Medical Center and an advanced, highly subspecialized fellowship in sports cardiology and hypertrophic cardiomyopathy at the Channing T Mast Hypertrophic Cardiomyopathy Center at Morristown Medical Center in New Jersey. He is the first cardiologist in the country to complete this formal training in both sports cardiology and hypertrophic cardiomyopathy.

"I enjoy taking care of athletes in general because they have unique needs and make every cardiac condition slightly more challenging," said **Dr. Lander**. "Their physiology is different. Understanding their sport, position and training is important. Players in different positions in the same sport have different body types and physiology. What would be a straightforward case in a non-athlete could be a career-ending situation for certain athletes."

[Read more about Dr. Lander »](#) (UH internal link)



2024 Master Clinician Educator Nominations

Please help us recognize outstanding faculty by nominating them for the Master Clinician-Educator award.

For more information about the award along with a list of previous awardees, [please go here](#).

Successful candidates should:

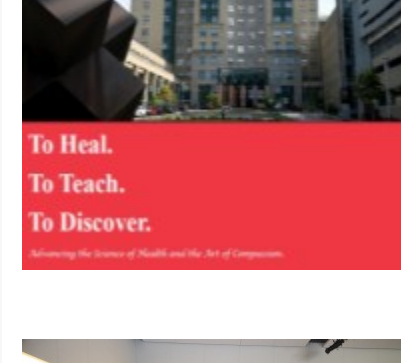
- Have been engaged in clinical practice for at least 7 years since completion of training
- Be on the full-time paid faculty
- Have the Department of Medicine as a home department (at any clinical site within the Department)
- Be an active practicing clinician providing patient care
- Be engaged in teaching students, residents or fellows as part of their clinical practice

In order to complete the nomination, you will need: the nominee's name, division, a brief description of their outstanding clinical care activities, and your name and email. Click below when you are ready to get started.

This award will be presented at the Department of Medicine Annual Spring Dinner.

Nomination Deadline: Wednesday, May 1, 2024 @ 11:59PM.

[Click here to submit your nomination »](#)



Antimicrobial Stewardship Newsletter

The Antimicrobial Stewardship Program, led by **Leila Hojat, MD**, has published its fifth Newsletter.

Content in this issue includes:

- Restricted Antimicrobial Reminder
- NHSN Data Updates
- Blood Culture Clinical Case
- ACORN Study Summary

[Get the CMC ASP Newsletter Here »](#)



Save the Date - DOM Research Day

The Department of Medicine's Fourteenth Annual Research Day will be held on Friday, May 10th with talks and lunch starting at noon.

We are pleased to announce that our annual research day event will be held on Friday, May 10th, 2024. **Mark your calendars and save the date!**

This year's event will feature plenary talks from researchers across all divisions, as well as poster sessions and networking opportunities. We hope that you will join us for what promises to be an exciting and informative afternoon at the Tinkham Veale University Center Grand Ballroom.

Further details about the event, including the schedule and registration information, will be sent out in the coming weeks.

We look forward to seeing you there!



Faculty Senior-Level Promotions - January 2024

Below are Department of Medicine faculty senior level promotions effective January 1, 2024.

Usha Stiefel – Promotion to Professor, NTT
Deborah Bruno – Promotion to Associate Professor, NTT

Congratulations all!

Faculty Senior-Level Promotion Deadlines

"**Tips for Faculty from the 2022-2023 CAPT**" - highlights recommendations and tips for faculty applying for senior level appointments and promotions

Non-Tenure Track Senior-Level Promotions effective January 1, 2025
Declaration form and Packet submission dates have passed.

Non-Tenure Track Senior-Level Promotions effective July 1, 2025
Declaration form due May 1, 2024 ([Form](#))
Packet due June 2, 2024 ([Guidelines](#))

Tenure Track Senior-Level Promotions effective July 1, 2025
Declaration form due March 31, 2024 ([Form](#))
Packet due April 28, 2024 ([Guidelines](#))

For declaration forms or any questions, please contact Cheryl Allis: (cheryl.allis@uhhospitals.org or cheryl.allis@case.edu)



Required 2024 FAR/FIS Reporting for 2023 Information

The faculty annual review for 2023 is now open and faculty are asked to complete their review **ASAP**. Please review and enter your publications, book chapters, and grants.

All faculty are required to log in now to complete their 2023 activity reporting.

[Useful Links:](#)

- FIS (<https://fis.case.edu/>)
- FAR Training Video
- Faculty User Support Documents
- Detailed FAR Guide for Faculty
- FAR Guide for SOM - Step 1
- FAR Guide for SOM - Step 2

Contact Cheryl Allis if you have any questions or access issues: (cheryl.allis@uhhospitals.org)

Awards - Appointments - Publications



Jonathan Stamler, MD, Named Fellow of the 2023 National Academy of Inventors

Jonathan Stamler, MD, has been named a Fellow of the National Academy of Inventors (NAI). Dr. Stamler is the co-founder and president of Harrington Discovery Institute at University Hospitals (UH), and the Robert S. and Sylvia K. Reitman Family Foundation Distinguished Professor of Cardiovascular Innovation at the Case Western Reserve University School of Medicine.

Election as an Academy Fellow is the highest professional distinction awarded solely to inventors and the 2023 Class of Fellows is comprised of 162 distinguished academic inventors. The full list of 2023 Fellows can be found on the via the link below.

The 2023 class of Fellows represents NAI's foundational and continuing commitment to diversifying innovation on all levels, with underrepresented inventors comprising 33 percent of this year's class. This year's class also showcases regional diversity with Fellows representing 35 U.S. states and 10 countries, exemplifying the Academy's belief that great innovators can be found everywhere.

An internationally acclaimed physician-scientist, **Dr. Stamler** discovered the protein S-nitrosylation, microscopic markers on proteins that play a role in the body's normal function. The global post-translational modification of proteins is widely involved in both disease and physiology. As a founder of institutes, biotechnology companies, medical societies, innovation platforms and impact investment funds, **Dr. Stamler** is also known for a track record of innovation and entrepreneurship.

[Read more about the award here »](#)



UH Diabetes & Obesity Center Monarch Location Now Accredited as ADA ERP Site

The UH Diabetes & Obesity Center's Monarch location has been accredited as an Education Recognition Program by the ADA (American Diabetes Association)

ERP provides the framework for effective delivery of quality diabetes self-management education and support (DSMES) through the National Standards of DSMES.

[Read more about the ADA ERP here »](#)



What Is the Best Way to Manage Axial Spondyloarthritis in Primary Care?

Media Mention: Medscape

When axial spondyloarthritis (SpA) is suspected, a "prompt referral to a rheumatologist" is in order. But with the referral possibly taking several weeks, if not months in some parts of the world, how can primary care practitioners manage patients with this type of chronic back pain in the meantime? And what is the long-term role of the primary care practitioner in managing someone diagnosed with the condition? Medscape Medical News asked rheumatologist **Marina Magrey, MD**, and general internal medicine physician **Debra Leitzman, MD**, for their expert advice.



Steps to Manage Suspected Axial SpA

"As [primary care practitioners] identify patients who they suspect may have axial spondyloarthritis, the first thing they should do is a prompt referral to a rheumatologist so that there is a timely diagnosis," said **Magrey**, who heads up the division of rheumatology at University Hospitals Cleveland Medical Center and is professor of medicine at Case Western Reserve University School of Medicine in Cleveland, Ohio.

Importantly, the referral should "explicitly say that they're suspecting axial spondyloarthritis" and not just chronic back pain, **Magrey** added, otherwise it may not "hit the radar" that patients need to be seen as soon as possible. Results of lab tests such as C-reactive protein, erythrocyte sedimentation rate, and human leukocyte antigen B27, along with basic pelvic imaging results, are useful to note on the referral. "If the patient comes with that information, it makes it much easier for the rheumatologist," she said.

Additionally, primary care practitioners can carry out screening for high cholesterol and high blood pressure and check for any existing cardiovascular disorders or extraarticular manifestations before the patient gets to see the rheumatologist.

[Read the rest of the article on Medscape »](#)



Media Mention: Betul Hatipoglu, MD

Sports Illustrated: Dr. Hatipoglu provided commentary on the LetsGetChecked diabetes home testing kit which allows patients to test their levels of hemoglobin A1c.

[View the article here »](#)

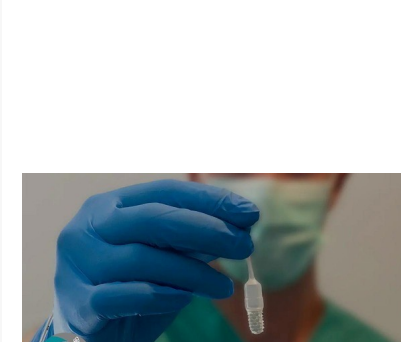


Media Mention: Ian Neeland, MD

American Journal of Managed Care: Dr. Neeland discussed how diabetes can be managed with oral semaglutide when injections may be hard to track down. He explained how that method is preferable over switching drug types.

[View the video here »](#)

Research News



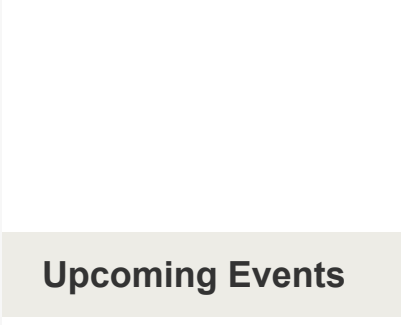
Dr. Ama Nuamah Awarded UH Micro-Grant

The Department of Geriatrics won the Women's Auxiliary Micro Grant in December 2023.

The grant is for a project aimed at improving patient care, experience and outcomes with the use of portable pocket talkers. University Hospital obtained Age-Friendly Hospital Initiative status with Lakeside 20 as the pilot floor.

Dr. Nuamah proposed equipping the Lakeside 20 Age Friendly floor with pocket talkers to be given to admitted older adults, 65 years and above with chronic hearing loss. We estimate about 100-200 patients to benefit from these pocket-talkers. Beneficiaries of these are expected to have a decrease incidence of delirium and much improved patient satisfaction scores.

Hearing loss is very common in the older adult. It is associated with a higher incidence of isolation, depression and dementia. The presence of chronic hearing loss contributes to delirium in the hospital. In the hospitalized older adult, it negatively impacts communication with the healthcare team. Hospital re-imbursement is tied to many factors including patient-reported satisfaction. Hearing loss may represent a potential low-risk, high reward area of improvement.



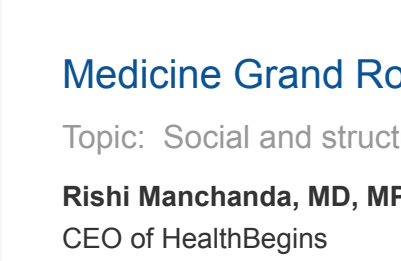
Oxford-Harrington Rare Disease Centre Opens Call for Proposals

New Scholar Award Accelerates Novel Therapies for Rare Diseases

OXFORD, U.K. and CLEVELAND, Ohio USA, 6 February 2024 – The Oxford-Harrington Rare Disease Centre (OHC), a partnership between the University of Oxford, U.K. and Harrington Discovery Institute at University Hospitals, Cleveland, Ohio, is seeking innovative projects for its 2024 Rare Disease Scholar Award, which advances promising discoveries from academic labs into clinical practice. In addition to grant funding, the award includes drug and business development support from pharma-experienced industry leaders with a track record of bringing therapeutics to market. Awardees have access to the Oxford-Harrington Rare Disease Centre Therapeutics Accelerator, which receives support from a partnership between University of Oxford, Oxford Science Enterprises, and the University Hospitals in Cleveland, Ohio.

The OHC's 2024 Rare Disease Scholar Award seeks novel approaches to treat rare diseases, with a focus on neurological disorders, developmental and metabolic disorders, and rare cancers. Applications directed to other rare, genetic indications with a high unmet need are also of interest. Any therapeutic modality will be considered. Intellectual property rights are retained by the award recipient or their institution

[Learn More and Apply »](#)

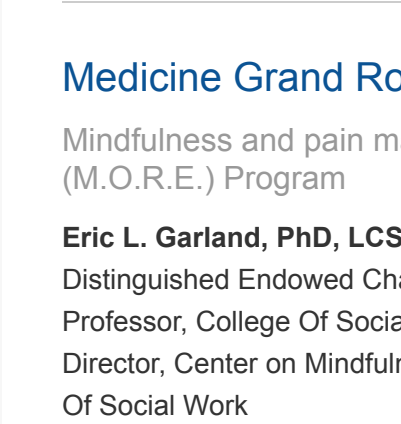


Science@UH Podcast: EsoCheck™ and EsoGuard™ - Revolutionary Invention Transforms Esophageal Cancer Diagnosis

Amitabh Chak, MD, Sanford Markowitz, MD, PhD, and Joseph Willis, MD, explain the journey of EsoCheck™ and EsoGuard™, an incredible bench to bedside diagnostic discovery to detect Barrett's esophagus and prevent esophageal cancer.

[Listen Now »](#)

Welcome



Ali Bseiso, MD

Associate Professor of Medicine
Case Western Reserve University
Division Hematology & Oncology

Upcoming Events

Medicine Grand Rounds - February 8 (Thursday)

Berman Lecture - Ovarian Cancer; Two steps forward, one step back

Andrew Berchuck, MD
James Ingram Distinguished Professor and Director,
Duke University Division of Gynecologic Oncology
Medical Director, Duke Clinical Cancer Genetics Program

Medicine Grand Rounds - February 13

Topic: Social and structural drivers of health equity

Rishi Manchanda, MD, MPH
CEO of HealthBegins

Medicine Grand Rounds - February 20

Topic: TBD

TBD

Medicine Grand Rounds - February 27

Mindfulness and pain management - Mindfulness-Oriented Recovery Enhancement (M.O.R.E.) Program

Eric L. Garland, PhD, LCSW
Distinguished Endowed Chair in Research, College Of Social Work
Professor, College Of Social Work
Director, Center on Mindfulness and Integrative Health Intervention Development (C-MiIND), College Of Social Work
Associate Director of Integrative Medicine - Supportive Oncology, Huntsman Cancer Institute
Associate Dean for Research, College Of Social Work
Research Health Scientist, Whole Health, Salt Lake Veterans Administration Medical Center
Distinguished Professor

Recurring Events

[\(Zoom information sent out weekly\)](#)

Tuesdays @ Noon - **Medicine Grand Rounds Seminar Series** (September - May)
Wednesdays @ Noon - **VA Conference**
Fridays @ Noon - **UH M&M Conference**

Recent Medicine Grand Rounds

[View »](#)

Gregory A. Plotnikoff, MD, MTS, FACP
"Optimal Patient Outcomes: Our Metaphors Matter"

[View »](#)

Vasu Didagani, MD
"Myocardial Injury After Non Cardiac Surgery- Moving from Risk Prediction to Surveillance"

[View »](#)

Jerrold Elner, MD
Charles C.J. Carpenter, MD
"Memorial Lecture Tuberculosis 2023 – The Known Knowns and Known Unknowns"

[View »](#)

Betul Hatipoglu, MD, Julia Blanchette, PhD RN, and Natalie Bellini, DNP APRN-CNP
"Diabetes in 2023"

Social:

[Twitter](#) [YouTube](#) [LinkedIn](#) [Facebook](#)

[Click here to view online](#)

To contribute or provide feedback, email: Matthew.Zelesnik@UHhospitals.org

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