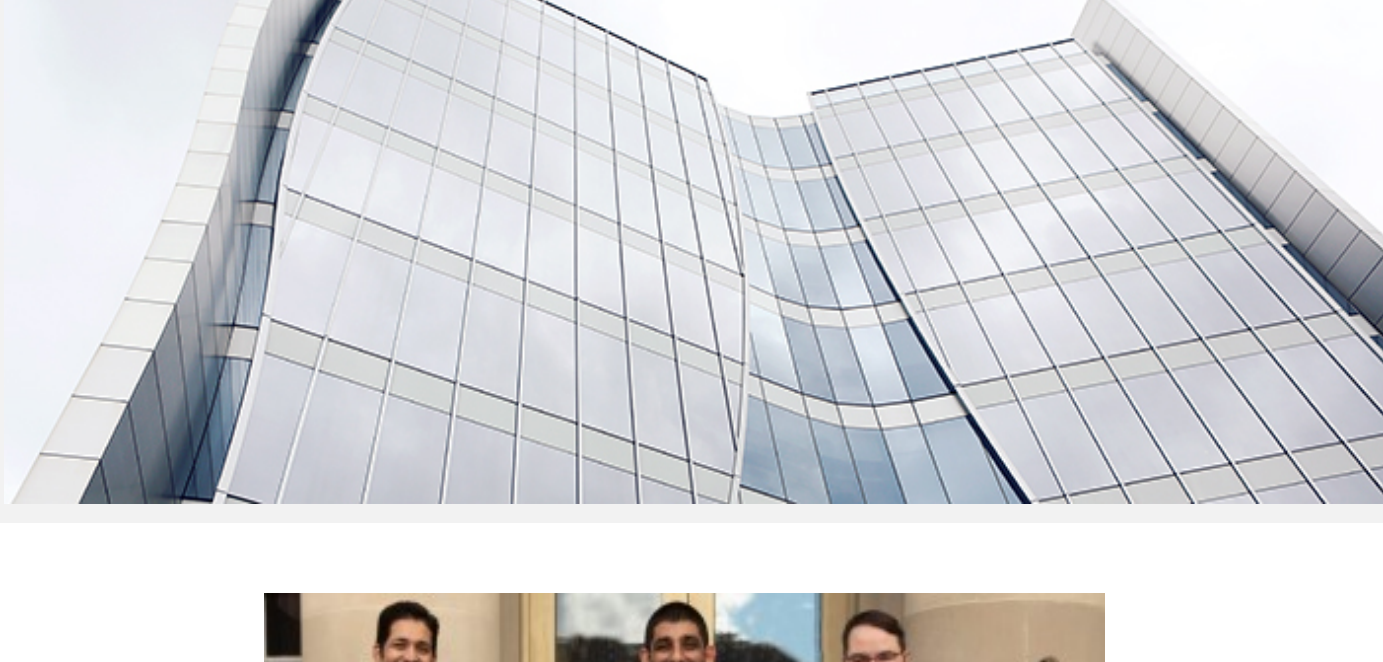




UH DIABETES AND OBESITY CENTER Update

November is diabetes awareness month and 2021 marks the 100th year of insulin discovery. We wanted to celebrate together the great things happening in our Center.

Our team started the year at full speed by helping our population health team review more than 500 charts of our uncontrolled diabetics to support our system and patients to be healthier. Jillian Fetzner led this initiative. She also started our Eversense implantable CGM technology clinic; we are now one of the very few in Ohio offering this service. We are also offering all other CGM and insulin pump technology available to date. We have been working closely to bring our diabetes education efforts together to provide much-needed support to our providers and patients; I am very proud of what Nick Galloway has achieved so far despite many roadblocks and challenges. Things are looking very promising. We were able to add a new member for diabetes education to CMC inpatient with the collaboration of our nursing institute. This void has existed since 2018, and we are so fortunate that Lucy Colo accepted this position. As we expanded our patients' access, an excellent colleague, also previously my fellow, Dr. Yumiko Tsushima, made us very happy by accepting to be part of our UH diabetes team.

We are not only improving patient care and serving clinically, but we are also very actively building our research team. We work closely with Heather, Megan and Jerry Tribout, and the GRC team to bring the latest technology and new treatment models to the table. Many exciting research projects are on the way, and you will hear more about our research projects and research initiatives with CWRU in the coming months. Our recent team member, nurse scientist Julia Blanchette CDE Ph.D., is very excited to join this research effort. Lastly, we are excited to welcome Dr. Revital Gorodeski as medical director for the fight against obesity at UH. We welcome her to her new home.

- None of our efforts could have been possible without our fantastic administrative support staff, Vanessa Jamil and Cheryl Allist. They are the unseen heroes behind the operations.
- We are blessed by a more than generous donation of \$500,000 by the Ratner family to help support our research and aid our education efforts.

[Read more about the Center's progress here >](#)



Eight Medicine Faculty Named to 2021 Distinguished Physician Class

The Fourth Annual Distinguished Physician Ceremony will be held in November.

Eight Department of Medicine faculty will be named to the 2021 Distinguished Physician Class.

This year's Medicine awardees are:

Gregory S. Cooper, MD
Eiran Z. Gorodeski, MD, MPH
Brian D. Holt, MD
Frank J. Jacono, MD
Lavinia A. Negrea, MD
Mahboob Rahman, MD
Roy M. Buchinsky, MD
Jorge A. Garcia, MD

Congratulations to all!

[Read more about the award here >](#)



2021 Cleveland Magazine Best Doctors

Fifty-seven Department of Medicine faculty made the Cleveland Best Doctor's list this year.

Our Department Chair, Dr. Robert Salata, was featured in a special report on COVID-19 vaccinations and boosters and Dr. Keith Armitage was featured in a report on COVID variants.

Here is the list - Congratulations to all!

Cardiology

Azul Hulyalkar, MD
Barry Effron, MD
Chantal Elamm, MD
Claire Sullivan, MD
Daniel Simon, MD
Eiran Gorodeski, MD, MPH
Heather Gornik, MD
Michael Zacharias, MD
Monique Robinson, MD, PhD
Raju Modi, MD
Mehdi Shishehbor, DO, MPH, PhD
William Wolf, MD

Interventional Cardiology

Guilherme Attizzani, MD
Paul Poornipani, MD

Endocrinology

Baha Arafah, MD
Betul Hatipoglu, MD
Stephen Burgun, MD
Valerie Hadam, MD

Gastroenterology

Amitabh Chak, MD
Anthony Post, MD
Brooke Gleising, MD
Caroline Soyka, MD
Jeffrey Katz, MD
John Dumot, MD
Michael Koehler, MD
Rami Abbas, MD
Sapna Thomas, MD
Stanley Cohen, MD

Geriatric Medicine

Amanda Lathia, MD

Hospice and Palliative Care Medicine

Rab Razzak, MD

Hematology and Oncology

Alvin Schnaier, MD
Lalitha Nayak, MD
Afshin Dowlati, MD
Alberto Montero, MD
David Bajor, MD
Debora Bruno, MD

Infectious Disease

Barbara Grlshover, MD
Keith Armitage, MD
Robert Salata, MD
Tracy Lemonovich, MD

Internal Medicine

Crystal Lantz-DeGeorge, MD
Debra Leitzman, MD
Roy Buchinsky, MD
Scott Yasinow, MD
Sheila Rice, MD

Nephrology

Aparna Padhyar, MD
Arash Rashidi, MD
Arkasarak Jittiratt, MD
Lavinia Negrea, MD
Mahboob Rahman, MD
Mirela Dobre, MD, MPH

Pulmonary, Critical Care & Sleep Medicine

Rana Hejal, MD
Kingman Strohl, MD

Rheumatology

Arminda Lumapas, MD
David Blumenthal, MD
Marie Kuchynski, MD
Marina Magrey, MD

[View the Cleveland Magazine Special Report >](#)



Department of Medicine: 2022 Team Science Challenge

Purpose

Team Science is an important means of advancing modern medical research. The awards from the Department of Medicine will provide support for developing a major research proposal. The recipient teams will be multidisciplinary, derived from at least two divisions of the Department of Medicine and/or a faculty member from the Department of Medicine and others from departments outside of medicine, and be multi PI. Grants will have an initial annual budget not to exceed \$25,000 direct costs each and be for up to one year in duration.

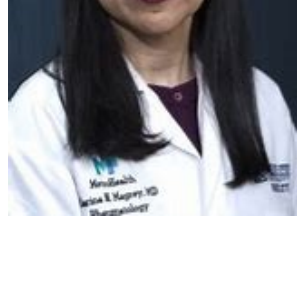
Eligibility

Co-Principal Investigators representing different disciplines are required. At least one of the Principal Investigators must be a member of the faculty of the Department of Medicine at Case Western Reserve University. Post-doctoral fellows, residents, graduate students and research associates are not eligible to apply for these research grants, but may be an integral part of a proposal made by a faculty member.

Application Deadline: January 1, 2022

[Get more info and the application here >](#)

Awards - Appointments - Publications



To continue with our mission of advancing knowledge and science, Marina Magrey, MD, Chief of the Division of Rheumatology and the Roland W. Moskowitz, MD, Professor in Rheumatic Diseases recently moderated a session about Emerging Therapies in spondyloarthritis including psoriatic arthritis at the 21st American College of Rheumatology meeting on Nov. 6th.

She also hosted a Spondyloarthritis & Psoriatic Arthritis Debrief following the meeting and also was the activity Director for an online teaching activity which went live during the event.

[View the activity here >](#)

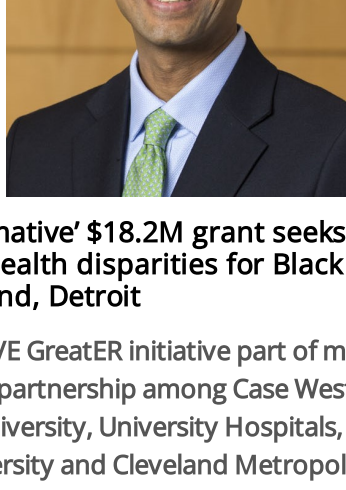


Betul Hatipoglu, MD, named Chair of the AACE Lipids and CV Health Disease State Network

Dr. Hatipoglu, the Diabetes and Obesity Center Director at University Hospitals, the Department of Medicine Vice-Chair for System Clinical Affairs, the Mary B. Lee Chair in Adult Endocrinology, and Professor of Medicine, Case Western Reserve Medical School recently accepted the appointment.

[View the AACE announcement here >](#)

Research News



'Transformative' \$18.2M grant seeks to address health disparities for Black patients in Cleveland, Detroit

The ACHIEVE Greater Initiative part of multi-institution partnership among Case Western Reserve University, University Hospitals, Wayne State University and Cleveland Metropolitan Housing Authority to address health outcomes

Researchers at Case Western Reserve University School of Medicine and University Hospitals (UH) Harrington Heart & Vascular Institute are leading a multi-organizational effort to address cardiovascular health disparities, thanks to a new "transformative" \$18.2 million federal grant from the National Institutes of Health's P50 program.

[View the full story >](#)



Lucid Diagnostics completes \$70 million initial public offering

Company's esophageal cancer prevention tests developed jointly by medical school faculty at Case Western Reserve University and University Hospitals research, has completed a \$70 million initial public offering (IPO) on the Nasdaq Global Market; at the IPO price, the company's estimated value would be \$467 million.

Lucid Diagnostics Inc., a company that produces esophageal cancer tests based on Case Western Reserve University and University Hospitals research, has completed a \$70 million initial public offering (IPO) on the Nasdaq Global Market; at the IPO price, the company's estimated value would be \$467 million.

Gastroesophageal reflux disease (GERD) affects about 20% of people in the United States. Many individuals with chronic GERD develop Barrett's esophagus, which can lead to highly lethal esophageal cancer, the sixth-most common cause of cancer deaths worldwide.

[Read the full Daily article >](#)

Education News



Intern Recruitment - Interviewers STILL NEEDED

Intern Recruitment began Monday, November 1 and runs through Thursday, January 27 on Mondays and Thursdays for Internal Medicine and Tuesdays for MedPeds.

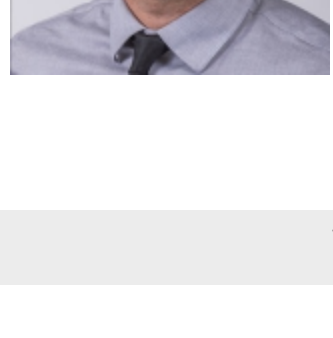
Internal Medicine Interview times will be 10-11:30 on:

Mondays: Nov 22, 29, Dec 6, 13 & Jan 3, 10, 17
Thursdays: Nov 18, Dec 2, 9, 16 & Jan 6, 13, 20, 27
Email: Deena.Segal@uhhospitals.org with availability

MedPeds interviews will be 9:00-10:30am and 1:00-2:40pm
Tuesdays: Nov 23, 30 & Dec 7, 14
Email: Regina.Steffen@uhhospitals.org

[Please complete this form](#) and send back to either Regina or Deena.

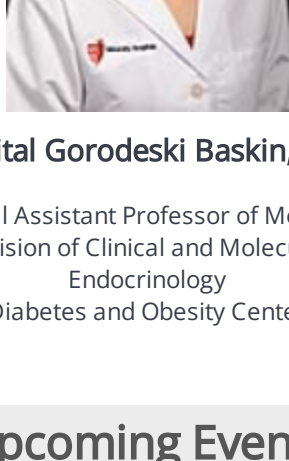
All participation is appreciated!



Rheumatology Fellow accepted into USSONAR Program

Dr. Patrick Yousif, a fellow in Rheumatology, has made it into the USSONAR program (Ultrasound School of North American Rheumatologists). This is the first year that a fellow for UH participated and got in the program. Usually only 20-30 fellows from the country are accepted. MSK training was incorporated in our teaching curriculum this year and Dr. Larry Kent was assigned as the Director of MSK US training. Dr. Kent worked very hard along with the fellows.

Welcome to the Department



Revital Gorodeski Baskin, MD

Clinical Assistant Professor of Medicine
Division of Clinical and Molecular
Endocrinology
Diabetes and Obesity Center

Upcoming Events

Medicine Grand Rounds

November 23 - Curtis Donskey, MD
Division of Infectious Diseases and HIV Medicine
"Update on Infection Control for SARS-CoV-2"

Medicine Grand Rounds

November 30 - Kenneth Remy, MD
Division of Pulmonary, Critical Care & Sleep Medicine
"From Hemolysis to Distancing from a Storm of Cytokines to Exhaustion of Immunity: SARS-CoV-2 Pandemic Lessons Learned from Sepsis"

Medicine Grand Rounds

December 7 - Susheel Patil, MD
Chief, Section of Sleep Medicine
Division of Pulmonary, Critical Care & Sleep Medicine
"Treatment Approaches to OSA"

Medicine Grand Rounds

December 14 - Peter Wayne, PhD
Director for the Osher Center for Integrative Medicine
Division of Preventive Medicine
Harvard Medical School & Brigham and Women's Hospital
"Tai Chi for Whole Person Health: Evidence for Benefits to Balance, Cognition and Pain in Older Adults"

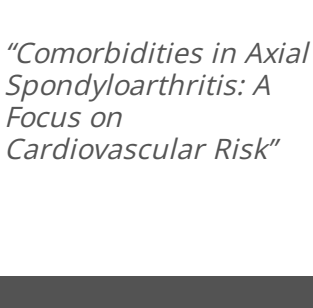
Medicine Grand Rounds

December 21, 28, and January 4
CANCELED FOR THE HOLIDAYS

Recurring Events

(Zoom information sent out weekly)
Tuesdays @ Noon - Medicine Grand Rounds Seminar Series (September - May)
Wednesdays @ Noon - VA M&M Conference
Fridays @ Noon - UH M&M Conference

Recent Medicine Grand Rounds



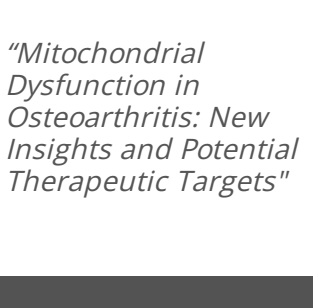
Marina Magrey, MD

"Comorbidities in Axial Spondyloarthritis: A Focus on Cardiovascular Risk"



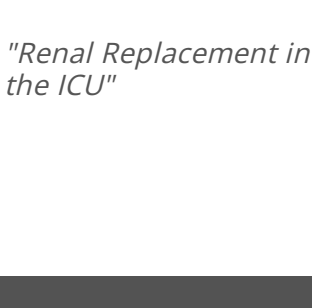
David Bonnet, MD

"High Reliability Medicine and Quality Topics"



Tariq Haqqi, MPhil., PhD

"Mitochondrial Dysfunction in Osteoarthritis: New Insights and Potential Therapeutic Targets"



Nishigandha Pradhand, MD

"Renal Replacement in the ICU"

[Click here to view online](#)

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To contribute, email: Matthew.Zelesnik@UHHospitals.org